#### Mission & Philosophy

Clinica Sierra Vista (CSV) is a private, nonprofit organization which operates 30 community health centers in Kern, Fresno, and Inyo Counties, California. CSV offer a wide spectrum of services, including medical care, comprehensive prenatal care, counseling services, health education outreach programs, HIV counseling and testing, dental services and the Women, Infants and Children (WIC) Program. These services are targeted to low-income populations and the medically underserved.

It is the mission of the CSV WIC Program Dietetic Internship to provide a comprehensive community-focused dietetic internship that prepares culturally-competent graduates for entrylevel dietitians and to meet the need for Registered Dietitians in Kern County.

#### **CSV WIC Dietetic Internship Goals**

- To provide a community-focused dietetic internship that prepares highly competent graduates for entry-level positions as Registered Dietitians
- To increase retention rates of culturallycompetent Registered Dietitians in the Kern County area working in community nutrition for at least 2 years after completing the CSV WIC Dietetic Internship

#### **CSV WIC Dietetic Internship Objectives**

- 90% of interns will complete the program within 150% of the time planned for completion of the program (18 months)
- 90% of internship graduates who sought employment in dietetic swill be employed within three months of the program completion.
- 80% of internship graduates will pass the registration examination upon first attempt

• 80% of the Program Evaluation Surveys will rate all indicators as meets standards or higher on returned surveys

Annual program outcome data and the Intern Handbook is available upon request; please contact the Program Coordinator.

### **Description of the Program**

The supervised practice and didactic components enable students to utilize the knowledge, skills and techniques that are needed to work effectively within their communities to improve the quality and availability of food and nutrition services to all people.

Interns completing this program will:

- Have a comprehensive overview of community nutrition and public health programs.
- o Possess the knowledge, skills, and abilities in all areas of dietetics for entry-level practice.
- O Receive a verification statement to be eligible to take the Registration Examination for Dietitians.
- O Annual summary reports related to program progress are available upon request.

### **Length of Program**

12 Months - January-December (52 wks)
Part-Time – 24-40 hours per week
1,470 Total Hours (minimum):
120 Class hours (minimum)
1,200 Supervised Practice hours (minimum)
30Conference hours (minimum)

<u>Holidays Observed</u>: New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving, and Christmas

#### **Supervised Practice Rotations**

Food Service/Food Service Management Clinical – Medical Nutrition Therapy Community Nutrition/Health Promotion Administration and Management

### **Program Completion Requirements**

- 1. Intern must be at expected level for each competency at least 80% of the time.
- 2. All didactic coursework to be completed and submitted to Internship Coordinator by ninety (90) days following internship ending date.
- 3. Program will be completed within 18 months

#### **Requirements for Admission**

- ➤ GPA of 2.8 or above and Bachelor's Degree
- Completion of an Accreditation Council for Education in Nutrition and Dietetics (ACEND)approved Didactic Program in Dietetics (documented by an ACEND Verification Statement)
- Current CSV employment with a minimum of six months, previous, consecutive
- ➤ Central Valley residency
- Work, volunteer or life experience with cultural population
- ➤ Individuals who graduated over three years before application submission will be required to complete updated classes

Acceptance into this program is not influenced by age, sex, race, marital status, national origin, or ancestry.

Once selected, the intern will be required to submit a completed physical examination form, assuring acceptable health status prior to the internship. Drug screening, background check and Tuberculosis testing is mandatory throughout the course of the internship, along with immunizations as required by each rotation.

Clinica Sierra Vista WIC employees entering the dietetic internship contract with CSV to work a minimum of eight hours (8) per week and receive Paid Time Off, in accordance with Full Time salary and benefits for the duration of the Internship. At completion of the internship, interns are contractually required to resume full-time employment for 36 consecutive months or 24 months from successful completion of the RD exam. There is a financial penalty if the post-internship time obligation is not fulfilled. As an employee of CSV, interns are not eligible for loan deferment.

## Fees and Expenses: <u>Interns Responsibilities</u> Clothing

1 white lab coat \$30.00 Scrubs \$50.00/pair

### Transportation \$1500.00\*

Estimated mileage required by personal car for transportation to rotation sites is 650 miles. \*Verification of auto insurance is required. Cost estimate does not include auto insurance.

#### Miscellaneous \$200.00

Books, office supplies, computer software, calculator, etc.

## Liability Insurance \$70.00 Housing:

The average cost of housing in Bakersfield: Studio \$650.00
One Bedroom \$850.00
Two Bedroom \$1000.00

## Fees and Expenses: CSV Responsibilities Professional Fees

# Required Training Costs Professional Meetings

California Dietetic Association Annual Meeting California WIC Association Annual Meeting Public Policy Education Day Various out-of-town conferences \*may require overnight travel outside of Bakersfield

#### **Approval**

The CSV WIC Dietetic Internship Program is accredited by the

Accreditation Council for Education in Nutrition and Dietetics of the

Academy of Nutrition and Dietetics
120 South Riverside Plaza, Suite 2000 Chicago, IL 60606-6995.

Phone (312) 899-4817

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### Job Opportunities at Clinica Sierra Vista WIC Program

Graduates with a Bachelor's or Master's degree in Nutrition may apply for positions as a Degreed Nutritionist. This position provides nutrition education in group and individual settings, develops nutrition care plans, and provides counseling to pregnant women, infants and children under the age of five years.

For information about current job opportunities at CSV go to: www.clinicasierravista.org



# Clinica Sierra Vista WIC Program

# Dietetic Internship

Bakersfield, California